

Alexis Hutson
Coaching Doctors



## **Doctors beyond training – morning taster session**

What to expect in your first year; managing your transition from training grade to GP or Consultant.

"When I stepped through that CCT curtain, I expected so much. I'd worked so hard, for so long. I never expected my first year to be the start of another learning curve!" Secondary Care Consultant.



Working with newly qualified GPs and Secondary Care doctors has given me a clear insight into what these first year challenges are, so I've designed a morning of practical tips to help people anticipate and plan for this big change. Designed specifically for those in their last I-2yrs of training, those in their first I-2yrs beyond CCT and for both GP and secondary care Doctors.

## 25<sup>th</sup> September 2013, 9am to 1pm. The Phoenix Arts Centre, 4 Midland St, Leicester LE1 1TG.

## Benefits of attendance:

Benefits of accendance.	
Identify your strengths and weaknesses in your	Working with management and managing
team	others
Build a development plan to suit you	Plan for the internal politics
Develop your skills for networking and working in partnership	Handling change and the impact on people

I coach and mentor Doctors on the following areas: leadership and management, career planning and development, skills and tasks management, and personal performance.

I work privately in a 121 setting where Doctors explore and develop their thinking and decisions. This is independent of their employers or commissioners. My clinical clients include partners in General Practice and Secondary Care consultants. They range from the newly qualified to those considering retirement.

"As a result of my sessions with Alexis I feel more confident in myself (a revelation after I 5yrs of clinical practice!), and much more able to not only accept, but play to my strengths. I also feel that I have been given a 'survival toolkit', which I can use in the future too." GP

This session is limited to 12 attendees to ensure maximum learning. To reserve your place email <a href="mailto:alexishutson@yahoo.com">alexishutson@yahoo.com</a> or call 07540593476

FIND OUT MORE AT - www.alexishutson.com