



Alexis Hutson

Coaching Doctors

Who I work with..

Doctors tell me they want to develop non-clinical skills in the following areas:

Leadership & Management – Career planning & Development – Skills and task management – Personal performance

The Doctors I work with want to work privately in a one to one setting where they can explore and develop their thinking and decisions. They want their learning to be sustainable and focused on their situations. They want to do this independently of their employers or commissioners.

My clients range from new partners in general practice to senior secondary care consultants. They span from the newly qualified to those considering retirement. This is not 'remedial' coaching for those in difficulty.

This coaching will support you to:

- accelerate your chances of performing at a higher level and taking on new and interesting challenges;
- make the right choices about how to manage your career;
- become more effective at the non-clinical skills and tasks that have to be done;
- have greater personal understanding that will make it easier to live with yourself and work with others.

About me..

I worked in the NHS for 9 years and am married to a secondary care consultant. This gives me crucial insight into the service and personal pressures on Doctors.

It is important to me to make a valuable contribution to society and I choose to do this by working with Doctors who have a direct impact on the health and wellbeing of others. Supporting Doctors to develop, improve and feel good about their work and themselves, gives me satisfaction.

Packages..

All contracts are tailor made for the individual and their desired goals. Contact me to discuss your requirements.

Others think..

“Through critical questioning and active listening she has allowed me to identify, explore and resolve significant issues in my working environment.”

“She is a great listener, is always positive and empathises with issues raised. She prompts me to think and read situations differently and has given me the confidence to move on in my career.”

“She has dealt with many sensitive issues, maintaining confidentiality at all times, and I perceive her to be someone of the highest integrity.”

“All my expectations at the start of the process have been exceeded and I would have no hesitation in recommending Alexis.”

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<http://blog.alexishutson.com/>